



# PERSONAL DEVELOPMENT KS2



*'A growing ability to form strong and positive relationships with others depends on the deliberate cultivation of character traits and positive personal attributes, (sometimes referred to as 'virtues') in the individual. In a school wide context which encourages the development and practice of resilience and other attributes, this includes character traits such as helping pupils to believe they can achieve, persevere with tasks, work towards long-term rewards and continue despite setbacks. Alongside understanding the importance of self-respect and self-worth, pupils should develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice. This can be achieved in a variety of ways including by providing planned opportunities for young people to undertake social action, active citizenship and voluntary service to others locally or more widely.'*  
**Relationships Education, Relationships and Sex Education (RSE) and Health Education DfE.**

## **INTENT - Purpose of Study**

### **Being the best we can be; committed to making a difference - CONFIDENT ME!**

Our School Values are woven through the foundations of our curriculum to encourage the school family to flourish and grow as individuals. This is especially evident in our Personal Development lessons. This unique time provides a holistic curriculum which engages and excites through creativity, curiosity and opening windows to the world. Today's children are growing up in an increasingly complex world and living their lives seamlessly on and offline. Personal Development provides the skills and mindset to enable children to be safe, healthy and manage their academic, personal and social lives in a positive way. The programme gives every child the opportunity to become independent lifelong learners, who will become the best that they can be, whilst making a difference.

## **Implementation**

Personal Development is a special time set aside during our busy week. This time provides children with opportunities to: Learn or develop a range of new skills.

Discover the lives of inspirational people. Get involved in research projects that look at global or local issues. Learn about local and national charities. Understand and experience the importance of courageous advocacy. Our lessons encourage children to be open-minded global citizens, who contribute to society. Children will learn the importance of using their voice and collaborative leadership, in bringing about a positive change in our world. They will have opportunities to learn and understand the importance of volunteering and fundraising at a local, national and international level. Children are taught the art of recording their achievements and experiences through photographs or drawings in a 'Scrapbook' and 'Record of Achievement' which moves with them throughout their KS2 Personal Development journey.

## **Impact**

Children are encouraged to be reflective learners. Each term, they look back at achievements gained. These are recorded in their 'Records of Achievement' book and Scrapbooks. This will also be the time, where children take ownership of their own learning and discuss what skills they would like to learn next. Every lesson aims to provide our children with a confident 'can-do' and enquiring mindset. Children become passionate Global Citizens, who make positive choices with their spare time outside school and become the best that they can be; committed to making a difference.

### **Lower Key Stage 2**

- Develop resilience through choosing a new skill or hobby to develop
- Work on a variety of organised collaborative projects with peers
- Learn about the life or an inspirational person or organisation
- Learn about the work of local, national and international charities.
- Discover new websites that enable us to explore the world around us safely

### **Upper Key Stage 2**

- Develop resilience through choosing a new skill or hobby to develop
- Plan and organise collaborative projects with peers
- Research and learn about the life or an inspirational person or organisation
- Learn about the work of local, national and international charities. Plan strategies to fund raise and support chosen charities.
- Discover new websites that enable us to explore the world around us safely